Sitting in stillness, the practice of meditation, and the cultivation of awareness are commonly thought to be the preserves of Hindus and Buddhists. Martin Laird shows that the Christian tradition of contemplation has its own refined teachings on using a prayer word to focus the mind, working with the breath to cultivate stillness, and the practice of inner vigilance or awareness. But this book is not a mere historical survey of these teachings. In Into the Silent Land, we see the ancient wisdom of both the Christian East and West brought sharply to bear on the modern-day longing for radical openness to God in the depths of the heart. Laird's book is not like the many presentations for beginners. While useful for those just starting out, this book serves especially as a guide for those who desire to journey yet deeper into the silence of God. The heart of the book focuses on negotiating key moments of struggle on the contemplative path, when the whirlwind of distractions or the brick wall of boredom makes it difficult to continue. Laird shows that these inner struggles, even wounds, that any person of prayer must face, are like riddles, trying to draw out of us our own inner silence. Ultimately Laird shows how the wounds we loathe become vehicles of the healing silence we seek, beyond technique and achievement. Throughout the language is fresh, direct, and focused on real-life examples of people whose lives are incomparably enriched by the practice of contemplation.

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Worshiping with the Church Fathers, Christopher A. Hall, Nov 25, 2009, Religion, 280 pages. Christopher Hall invites us to accompany the church fathers as they enter the sanctuary for worship and the chapel for prayer. He also takes us to the wilderness, where we.

Healing, Francis MacNutt, 1977, Spiritual healing, 308 pages.


Desert Banquet A Year of Wisdom from the Desert Mothers and Fathers, David G. R. Keller, 2011, Religion, 279 pages. The wisdom of the desert fathers and mothers lies in their experiences of solitude, prayer, community life, work, and care for their neighbors. Their goal was transformation of.
Into the Silent Land Travels in Neuropsychology, Paul Broks, 2004, Psychology, 246 pages. A leading neuropsychologist journeys into the mysteries of his field in a fascinating collection of narratives that explore the world of the neurologically impaired, in such.

Conferences, John Cassian, 1985, Religion, 208 pages. Drawing on his early experience as a monk in Bethlehem and Egypt, John Cassian (c. 365-c. 435) journeyed to the West to found monasteries in Marseilles and the region of.

Into the Silence, Volume 10, Sarah Pinborough, 2009, Fiction, 239 pages. The body in the church hall is very definitely dead. It has been sliced open with surgical precision, its organs exposed, and its vocal cords are gone. It is as if they were.

Against the Grain Unconventional Wisdom from Ecclesiastes, Ray Waddle, Jan 1, 2005, Religion, 160 pages. The skepticism, questioning, weariness, and outbursts in the book of Ecclesiastes make organized religion uncomfortable. For this reason, Ecclesiastes is often overlooked or.

Soundings in the Christian Mystical Tradition, Harvey D. Egan, 2010, Religion, 424 pages. Called in a special way to listen to God's whispers, the mystics amplify not only what it means to be baptized into the life, death, and resurrection of Jesus Christ and to.
My Dearest Mouse 'The Wind in the Willows' Letters, Kenneth Grahame, 1988, Literary Criticism, 190 pages. Reproduces letters written by Grahame to his four-year-old son, letters in which the author first introduced Toad, Mole, Ratty, and the other animal characters who later Best Baby Ever, 2009, Juvenile Fiction, 32 pages. New parents marvel at all the amazing things their baby can do Persea, Issue 3, Michael Braziller, Karen Braziller, 1982, Literature Built around every question a reader might have about this major life purchase, chapters in this volume are packed with practical information about the buying process, mortgage. Into the Silent Land: A Guide to the Christian Practice of Contemplation: A Guide to the Christian Practice of Contemplation

New Worlds, John Hamilton, Sep 1, 2010, Juvenile Nonfiction, 32 pages. Introduces young readers to the world of science fiction.

Tax Management Portfolios, Volume 989, 2007, Taxation Lord Wherewithal is found dead at Backwater Hall, Horace Gollop cavorts with Victoria Scone, and Augustus' stuffed twisby turns up missing, in this macabre graphic novel. The latest Mars missions are returning data of unprecedented fidelity in their representation of the martian surface. New data include images with spatial resolution better. "The Sixties." The powerful images conveyed by those two words have become an enduring part of American cultural and political history. But where did Sixties radicalism come.


Life under four flags in North River Basin of Virginia, Clarence Edward May, 1976, History, 637 pages


Honoring the genius of Rembrandt, the author first explores the painter's obsession with Flemish master Peter Paul Rubens—a fixation that profoundly influenced the evolution. A clinical psychologist presents an overview of transactional analysis and a discussion of the key elements and practical applications of script theory. Blending theory and practice, this innovative, interdisciplinary text equips students to act as ethical change agents who improve the moral performance of their work.

Old Is...Great, Marcella Markham, Helen Exley, Jun 1, 1998, Humor, 58 pages. Full of wicked, warm and funny cartoons, Old is. Great! is a fabulous gift for all women. Don't try to hang on to youth and stay young forever - just revel in growing old.

Hope for Hurting Hearts, Greg Laurie, Feb 1, 2009, Self-Help, 135 pages. Life is Fragile. But Hope in Christ Last Forever. We tend to go about our day to day routines imagining this earthly existence of ours will just go on and on. But it won't.


Just a dog, Helen Griffiths, Mar 1, 1975, Juvenile Fiction, 159 pages. Follows the adventures of a mongrel dog that alternately experiences human kindness and cruelty until she at last finds a loving home.

Mechatronic Systems Techniques and Applications, Volume 2, Cornelius T. Leondes, Aug 8, 2000, Technology & Engineering, 423 pages. The technical committee on mechatronics formed by the International Federation for the Theory of Machines and Mechanisms, in Prague, Czech Republic, adopted the following:

Into the Silent Land: A Guide to the Christian Practice of Contemplation, J. Bittar, Aug 7, 2001, Fiction Chronicles the life and work of Jonas Salk, the scientist who developed the vaccine that conquered polio.

This Beginners guide provides expert advice to every internal component and most external devices, basic troubleshooting information, and even installation instructions for the.
Your Guide to Getting Fit, Ivan Kusinitz, Morton Fine, Jan 1, 2000, Health & Fitness, 298 pages. This is a practical guide to understanding fitness and developing a successful personal fitness program. It provides basic physiological information and outlines the fitness

The Supreme Court of the United States: Parker, Fortas, Thornberry, United States. Congress. Senate. Committee on the Judiciary, 1975, Law Locating Consciousness, Valerie Gray Hardcastle, 1995, Psychology, 264 pages. "Locating Consciousness" argues that our qualitative experiences should be aligned with the activity of a single and distinct memory system in our mind/brain. Spelling out in


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Peter the Great, Derek Wilson, 2009, History, 236 pages. The best-selling author of In the Lion's Court presents a portrait of the Russian emperor that offers insight into his military strategies, contributions as a shipbuilder and The Nutrition Desk Reference, Robert H. Garrison, Elizabeth Somer, Jan 1, 1997, Health & Fitness, 663 pages. Gathers detailed information about vitamins, minerals, fats, fiber, nutrition and disease, diet, cholesterol, smoking, and drug and alcohol abuse.
Annual Report of the Director, Pan American Sanitary Bureau, 1988, Public health
Classic Toys of the National Toy Hall of Fame Celebrating the Greatest Toys of All Time!, Scott G. Eberle, 2009, Antiques & Collectibles, 224 pages. It's Play Time! 0195307607, 9780195307603
The Transformation (Fantasy and Horror Classics), Mary Wollstonecraft Shelley, Apr 1, 2011, Fiction, 38 pages. Mary Shelley wrote 'The Transformation' having been challenged by Lord Byron to pen an original ghost story. Eighteen months later, it became the classic novel, Frankenstein
Provides information on the planets in the solar system and answers frequently-asked questions concerning Jupiter's moons and Saturn's rings.

Howard Zinn A Radical American Vision, Davis D. Joyce, 2003, History, 268 pages. One of the most popular alternative histories of America is A People's History of the United States by Howard Zinn. Originally published in 1980, this new left textbook, which

English Literature and the Wider World Creditable Warriors 1830-1877, Michael Cotsell, Jan 1, 1990, History, 307 pages. Discussing the period from the impact of Reform to the rise of Disraelian imperialism, this volume assesses writers’ relations to British expansionism and the alternative of a

Learn to Play the Guitar, Phil Capone, Aug 19, 2009, Music, 256 pages. This hardcover book with internal wire-o binding is 6.5in x 8in, a perfect size for readers to keep handy. The binding allows it to lie open flat for easy reference during This book provides a complete guide to the foundational elements of match and performance analysis. It is a straightforward, concise and authoritative guide for sport science. The author presents his perspectives and opinions on the proposed "carbon taxes" and energy regulations currently part of the global warming debate among members of the. With more than 18 million refugees worldwide, the refugee problem has fostered an intense debate regarding what political changes are necessary in the international system to.
Petrushka and the Dancer The Diaries of John Cowper Powys, 1929-1939, John Cowper Powys, Jan 1, 1995, Authors, English, 340 pages. The extraordinary mind of the novelist John Cowper Powys (1872-1963) has never been so revealingly displayed as in this decade of diary entries, for the most part previously.


Amendment of Life, A Mystery, Catherine Aird, Jan 9, 2003, Fiction, 240 pages. When a body is found in the center of a Tudor-era yew maze, Detective Inspector C. D. Sloan is placed in charge of a disturbingly complex case. By the author of A Going Concern

Algebra 1/2 An Incremental Development Homeschool, John H. Saxon, Jr., Saxon, Apr 1, 2002, Juvenile Nonfiction


Human rights have become one of the most important moral concepts in global political life over the last 60 years. Charles Beitz, one of the world's leading philosophers, Martin Laird, 2006.

Notes from a Totally Lame Vampire Because the Undead Have Feelings Too!, Tim Collins, Aug 24, 2010, Juvenile Fiction, 336 pages. Nigel Mullet isn't your typical teenager . . . he's a vampire. But unfortunately, when Nigel transformed he didn't become all broody and interesting, and as for super strength Danny Dunn and the anti-gravity paint, Jay Williams, Raymond Abrashkin, 1956, Boys, 154 pages. A daydreaming youth accidently launches the first manned flight to outer space http://www.alibris.co.uk/booksearch?browse=0&keyword=Into+the+Silent+Land%3A+Guide+to+the+Christian+Practice+of+Contemplation%3A+A+Guide+to+the+Christian+Practice+of+Contemplation&mtype=B&hs.x=19&hs.y=26&hs=Submit
http://ow.ly/uOK5H


Advent Meditations Helps to 'Wait in Joyful Hope', Peter M. J. Stravinskas, 2001, Religion, 75 pages. Catholic meditations for each day in the liturgical season of Advent.

http://www.abebooks.com/servlet/SearchResults?sts=t&tn=Into+the+Silent+Land%3AA+Guide+to+the+Christian+Practice+of+Contemplation&x=51&y=16
The Stoning of Soraya M., Freidoune Sahebjam, Jan 12, 1995, History, 144 pages. Soraya M.'s husband, Ghorban-Ali, couldn't afford to marry another woman. Rather than returning Soraya's dowry, as custom required before taking a second wife, he plotted with four.

http://ow.ly/uhZwo
Philosophy of Psychology: An Introduction to the Nature and Mechanisms of Cognition and Behavior, 377 pages. This book is aimed at students who have already completed an introductory philosophy course.


Depression is the presence of purpose coupled with the absence of action. Have you been feeling heavy, sad, or tired? Do you want to live a life pleasing to God, but you still struggle with depression?
Jasmine Kisses, Olivia Lawrence, Dec 1, 1985, Man-woman relationships, 185 pages


Beyond Analytic Philosophy Doing Justice to what We Know, Hao Wang, Jan 1, 1988, Philosophy, 273 pages. This cogent and knowledgeable critique of the tradition of modern analytic philosophy focuses on the work of its central figures -- Russell, Carnap, and Quine -- and finds it 0195307607, 9780195307603

Charlemagne, Derek Wilson, Dec 18, 2007, Biography & Autobiography, 256 pages. An absorbing biography of the great leader who was the bridge between ancient and modern Europe ŭ” the first major study in more than twenty-five years. Charlemagne was an


More Secrets More Inside Information, Boardroom’s Experts and Editors Staff, 1994, Handbooks, vade-mecums, etc, 352 pages

Martin Laird 2006

Good goods a novel, Phyllis Kluger, Richard Kluger, Sep 1, 1982, Fiction, 436 pages. On a crusade to impart the canons of good taste to her well-heeled clients, while caring for her own husband, house, and children, interior designer Martha Clement falls inWater Quality, 2003, Science, 214 pages. This completely updated version of the 1995 edition within the Water Supply Operations Training Series (WSO), provides practical information about methods of water quality
Innovation Management Strategies, Implementation and Profits, Allan Afuah, 2003, Foreign Language Study, 390 pages. In this book the author draws from his professional and academic experience to show the relationship between innovation, a management function, and profitability, a financialMonuments , Clay Reynolds, 2000, Fiction, 382 pages. "Hugh planned to spend his summer mowing lawns.... But when the demolition crew moves in to tear down the old Hendershot Grocery Warehouse,.Hugh is powerless to resist the...

Conjectures and Refutations: The Growth of Scientific Knowledge, Karl Raimund Popper, 2002, Philosophy, 582 pages. Conjectures and Refutations is one of Karl Popper's most wide-ranging and popular works, notable not only for its acute insight into the way scientific knowledge grows, but Pharmacology, Linda McCuistion, Kathleen Gutierrez, 2002, Medical, 446 pages. Covering the most difficult subject areas, this book is jam-packed with tools and information on pharmacology. The book includes over 150 NCLEX-style questions and answers.
I Wish I Knew That: Geography Cool Stuff You Need to Know, James Doyle, Nov 10, 2011, Juvenile Nonfiction, 144 pages. Where on earth will you find a more exciting look at the world around us? Explore the world’s continents, countries, and capital cities, and marvel at the planet’s most

Star Wars The Prequel Trilogy, , May 1, 2007, Fiction, 993 pages. Collects the first three books in the Star Wars series, offering a glimpse of how Anakin Skywalker became aware of his power and turned to the dark side "Fear of Fighting searches for meaning in the mundane. Set in the urban landscape of downtown Toronto, the story revolves around Marnie, a broken hearted young woman fighting.

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Cash A Tribute to Johnny Cash, Rolling Stone, Apr 27, 2010, Biography & Autobiography, 224 pages. Johnny Cash is a giant of American music. Since its inception in the late 60s, Rolling Stone magazine has followed Cash's career, writing about him in settings ranging from San


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The Hungry Woman, Cherríe Moraga, Irma Mayorga, 2001, Drama, 165 pages. In The Hungry Woman, an apocalyptic play written at the end of the millennium, Moraga uses mythology and an intimate realism to describe the embattled position of Chicanos and Policy arguments in judicial decisions, John Bell, Oct 20, 1983, Language Arts & Disciplines, 283 pages. World Heritage Sites A Complete Guide to 878 UNESCO World Heritage Sites, , 2009, Architecture, 832 pages. Each site has an entry explaining its historical and cultural significance, with a description and location map. Element speciation determines the different forms a chemical element can take within a given compound, enabling chemists to predict possible ramifications for the environment. What is strategy? For many it is the application of a theory, model or framework. In this book Spender develops a different creative approach. Emphasizing that firms face.

